

## Lesson 11 - Wearing the New Self

### I. Col 3:1-17

A. Introduction: This chapter begins the section on the practical implications of your baptism for daily life. It covers how you are to behave ethically, morally, and relationally as one who has been set apart for God's purposes and is now a Christian.

#### B. Terms and Concepts

1. **The Right Hand of God** - The right hand of God is both a place of honor and a place of authority. Scripture reminds us that after Christ was raised from the dead, he was seated at the right hand of God. This is similar to the designation of Jesus as "Lord" and Jesus as "King." These are designations of authority.
2. **Scythian** - These were the peoples that lived north of the Black Sea.
3. **Barbarian** - This was not originally a negative term. It is the designation for all non-Greek speaking peoples. It is thought that this word derived from the way they sounded when speaking their language - "bar-ba-bar...etc."
4. **Admonish** - To advise, warn, or rebuke mildly but earnestly
5. **Psalms, hymns & spiritual songs** - The word, Psalm, comes from the Old Testament, and refers simply to a song, usually from the book of Psalms or in the manner of songs from the book of Psalms. Hymns were festive songs or praise sung to a hero, in this case, God. Spiritual songs are songs with a spiritual theme. There is not a huge distinction between the three of these as they are all considered sacred music.

### II. Who am I in Christ?

#### A. Read Colossians 3:1-14 - A New Person

1. When were you "raised up" with Christ? \_\_\_\_\_  
(see Col. 2:12)
2. According to verses 9-10, you have laid aside the \_\_\_\_\_  
and have put on\_\_\_\_\_.

3. When you were raised with Christ, what change is to take place in your mind? Describe how you have seen this in your life or have struggled with it.

4. THE OLD SELF: Several characteristics of the old self died in your conversion. Rate on a scale of one to 9 how dead they are in your life.

	stone dead	very alive
a. Immorality, impurity, passion,	1 2 3 4 5 6 7 8 9	
b. Greed	1 2 3 4 5 6 7 8 9	
c. Anger, Wrath	1 2 3 4 5 6 7 8 9	
d. Malice	1 2 3 4 5 6 7 8 9	
e. Slander	1 2 3 4 5 6 7 8 9	
f. Abusive Speech	1 2 3 4 5 6 7 8 9	
g. Lies to one another	1 2 3 4 5 6 7 8 9	

5. What does the text say will come on account of these things?

6. Please feel free to share any of these that you struggle with so that the members of the class can pray specifically for each other on these things.

7. THE NEW SELF: We are to put on the new self who is being renewed according to the image of our Lord. Rate on a scale of 1-9 how much they are prevalent in your life.

	Non existent	Overflowing
a. Compassion	1 2 3 4 5 6 7 8 9	
b. Kindness	1 2 3 4 5 6 7 8 9	
c. Humility	1 2 3 4 5 6 7 8 9	
d. Gentleness	1 2 3 4 5 6 7 8 9	
e. Patience	1 2 3 4 5 6 7 8 9	
f. Bearing with one another	1 2 3 4 5 6 7 8 9	
g. Forgiving each other	1 2 3 4 5 6 7 8 9	
h. Love	1 2 3 4 5 6 7 8 9	

8. Please feel free to share any of these that you struggle with.

9. On a scale of 1 to 9, how well have you been wearing the new self overall?

1 2 3 4 5 6 7 8 9

B. Read Colossians 3:15-17 - Other changes in your life

1. What change is to take place in your attitude and demeanor?
  - a. (v.15) - "Let the \_\_\_\_\_ rule in your hearts,  
to which indeed you were called in one body
  - b. (v.15b) - "...and be \_\_\_\_\_"
2. (v.16) - "Let the \_\_\_\_\_ of Christ dwell richly within you..."
 

In order to do this, I need to \_\_\_\_\_
3. As a result of this, how does this passage say to be toward...
  - a. Your brethren: \_\_\_\_\_
  - b. God: \_\_\_\_\_
  - c. (Heb 10:23-25) - I should not forsake \_\_\_\_\_
  - d. What are some reasons it is important to show up for worship services, Bible classes, small groups, fellowships, and other meetings?

C. The passages below have descriptions, names, and titles for who and what you are as a Christian. Write down the description or the name in the blank, then write down a brief reflection on how this description indicates you are to live.

*(Note: the first one has already been done)*

1. Aliens and Strangers - I Peter 2:11 ( See also: Philp 3:20)

**Reflection** - Since this is what I am called, I am to live daily in this way:

*Since I am an Alien, it means this world is not my home, but my home is in Heaven with the Lord. Therefore, I should not get too comfortable here.*

2. \_\_\_\_\_ - 2 Corinthians 5:20  
Reflection - Since this is what I am called, I am to live daily in this way:
  
3. \_\_\_\_\_ - Matthew 5:14-16  
Reflection - Since this is what I am called, I am to live daily in this way:
  
4. \_\_\_\_\_ - Matthew 5:13 (see also: Col 4:5-6)  
Reflection - Since this is what I am called, I am to live daily in this way:
  
5. \_\_\_\_\_ - Romans 6:18  
Reflection - Since this is what I am called, I am to live daily in this way:
  
6. \_\_\_\_\_ - I Corinthians 6:18-20  
Reflection - Since this is what I am called, I am to live daily in this way:
  
7. \_\_\_\_\_ - 2 Timothy 2:20-21 (See also: 2 Cor 4:5-7)  
Reflection - Since this is what I am called, I am to live daily in this way:
  
8. \_\_\_\_\_ - 2 Timothy 2:3-4  
Reflection - Since this is what I am called, I am to live daily in this way:
  
9. \_\_\_\_\_ - Romans 12:1 (See also: Gal 2:20)  
Reflection - Since this is what I am called, I am to live daily in this way:
  
10. \_\_\_\_\_ - John 15:5  
Reflection - Since this is what I am called, I am to live daily in this way:

III. Summary: From what I have studied so far, I have learned that my purpose in life is: (write a paragraph)

IV. At this time, write a specific commitment to make to God based on what you have studied so far. We will share our commitments with one another, and if time permits, share our progress with each other at the following class period. (use the back if needed)

**Monday**

1. Read Col 3:1-17-slowly
2. Spend some time in prayer. Write down any reflections or thoughts between you and God here:

3. Complete any part of the previous lesson that is incomplete.

**Tuesday**

1. Read Mark 12:28-31; Rom 13:8-10
2. Reflect: What is God communicating to you in these verses?

3. Prayer: Share your thoughts with God

<p><input type="checkbox"/> <b>Wednesday</b></p> <p>1. Read 1 John 4:7-8; 1 Cor 13:1-8</p> <p>2. Reflect: What is God communicating to you in these verses? Why is love important?</p> <p>3. Prayer: Share your thoughts with God</p>	<p><input type="checkbox"/> <b>Thursday</b></p> <p>1. Read Rom 12:14-21</p> <p>2. Reflect: What is God communicating to you in this passage?</p> <p>3. Prayer: Share your thoughts with God</p>
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**☐ Friday**

1. Read Col 3:17-21
2. Begin to read over and do the next lesson.  
Write any reflections here.

3. Prayer

**☐ Saturday**

1. Read Col 3:17 - 4:1
2. Complete the next lesson. Write any  
reflections here.

3. Prayer